



REFERRAL FORM

**\*\*If this form is not completed in its entirety, we will be unable to process it. It will be returned to you for completion.\*\***

NOTE TO REFERRAL AGENT: Please follow these steps in referring one of your clients to Threshold.

- 1) Call Threshold at 919-682-4124. We will take down some brief information to track the referral.
- 2) Threshold will contact your client upon receipt and review of the referral so that s/he may be invited to a scheduled Threshold tour.
- 3) Complete the following referral form.
- 4) **Attach the following documents to the referral form:**
  - a. **Comprehensive Clinical Assessment or Diagnostic Assessment with PSR as a recommended service.**
  - b. **Current Supporting clinical documentation (from referring agency and/or Doctor)**
  - c. **Summary of how the person is doing now.**

6) Packet can be mailed or faxed to:

Membership Coordinator

PO Box 11706

Durham, NC 27703

Fax (919) 956-7703 (For assurance of confidentiality, please call before sending fax)

DATE: \_\_\_\_\_ DOB: \_\_\_\_\_ RECORD #: \_\_\_\_\_

PERSON REFERRED: Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

REFERRAL AGENT: Name: \_\_\_\_\_

Phone: \_\_\_\_\_

PRIMARY CLINICIAN

(if different from above): Name: \_\_\_\_\_

OTHER PROVIDERS SERVING REFERRED PERSON (if any):

REASON FOR REFERRAL FOR PSYCHOSOCIAL REHABILITATION:

STRENGTHS/SKILLS OF REFERRED PERSON:

CURRENT PSYCHIATRIC STATUS AND IDC-10 DIAGNOSIS (AXIS 1-V) PER ATTACHED PSYCHIATRIC EVALUATION:

Primary Diagnosis: \_\_\_\_\_

Secondary Diagnosis: \_\_\_\_\_

OTHER SERVICES CLIENT IS RECEIVING:

CURRENT MEDICATION(S) AND DOSAGE:

CURRENT SOCIAL/FAMILY SUPPORT SYSTEM:

CURRENT PHYSICAL HEALTH:

PERTINENT BEHAVIOR PROBLEMS:

Yes No ASSAULTIVENESS

If yes, describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Yes No SUBSTANCE ABUSE

If yes, please list date of last use, frequency of  
use, and drug of choice: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Yes No LEGAL INVOLVEMENT

If yes, describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Yes No VIOLENCE TO SELF/OTHERS

If yes, describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Yes No LEGAL GUARDIAN

If yes, please list name, address,  
and phone number of guardian:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Yes No STEALING

If yes, describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

FINANCIAL PAYEE ONLY?

Yes No

VOCATIONAL HISTORY:

AMOUNT OF INCOME AND SOURCE:

MEDICAID RECIPIENT? YES NO

County of Medicaid origin: \_\_\_\_\_

If yes, please list MEDICAID #: \_\_\_\_\_

Social Security #: \_\_\_\_\_

AVAILABLE TRANSPORTATION FOR THIS CLIENT:

\_\_\_\_\_ BUS

\_\_\_\_\_ ACCESS

\_\_\_\_\_ FAMILY CARE HOME/GROUP HOME VAN

\_\_\_\_\_ OTHER Please specify: \_\_\_\_\_

\_\_\_\_\_

SIGNATURE OF REFERRAL AGENT

**Criminal Justice**

Is the client currently or have they in the past been involved with the legal system (e.g. on probation, parole, jail, pending charges, court ordered treatment)?

\_\_\_\_\_ No \_\_\_\_\_ Yes, if yes, explain \_\_\_\_\_

\_\_\_\_\_

**Substance Related Disorders**

A. Screening for Substance Use

1. Based on a review of available documentation, the community support worker should answer the following:

a. Referral source indicates the person has a substance related problem

\_\_\_\_\_ No \_\_\_\_\_ Yes

b. Person's medical history indicates past medical condition, hospitalization or emergency room treatment for a substance related medical issue (includes detoxification in the past 2 years) \_\_\_\_\_ No \_\_\_\_\_ Yes

c. Medication history suggests person is using prescription medicines in inappropriate combination or doses? \_\_\_\_\_ No \_\_\_\_\_ Yes

d. Person's behavioral health history indicates an episode of substance related treatment in the past 2 years? \_\_\_\_\_ No \_\_\_\_\_ Yes

2. If none of the answers above are yes then depending on the situation ask:

a. Do you now or have you ever had a problem with alcohol or drugs?

\_\_\_\_\_ No \_\_\_\_\_ Yes

b. Is a spouse/significant other or family member concerned about your use of alcohol or drugs? \_\_\_\_\_ No \_\_\_\_\_ Yes

c. If a parent/ legal guardian/spouse/significant other is present ask:

c (i) Do you feel the person is currently using alcohol or drugs? \_\_\_\_\_ No

\_\_\_\_\_ Yes

c(ii) Has the person gotten into trouble for such use? \_\_\_\_\_ No \_\_\_\_\_ Yes

*ONLY complete section B and C below, if the response to any of the question in section A above is yes.*

B. Current and Past Substance Use

1. What are your drinking habits? (e.g., How Much, how often and what do you drink? Do you ever drink more than you meant to or feel preoccupied with wanting to drink? Have you neglected some of your usual responsibilities in order to drink? Have you felt you wanted or needed to cut down on drinking or tried to stop but could not? Have you given up or reduced important activities in order to drink?)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Have you ever taken any drugs other than alcohol to get high, sleep better, feel better or lose weight? (e.g., How much, how often, how used, and reasons for use? Do you ever use more than you meant to or feel preoccupied with buying drugs or using drugs? Have you neglected some of your usual responsibilities in order to drink? Have you felt you wanted or needed to cut down on or tried to stop but could not? Have you given up or reduced important activities in order to buy or use drugs?)
- 
- 

3. Complete the table below for each substance the person has used in the past 12 months. However, in the far right column indicate primary (p) or secondary (s) for current substance use.

Substance Use	Frequency	Route	Age first used	when last used	Current Use
Alcohol					
Marijuana					
Stimulants					
Opiates/ Narcotics					
Depressants					
Hallucinogens					
Inhalants					
Other Drugs					

Codes for table above

Frequency of Use/Abuse

- 1 No use in past 30 days
- 2 1-3 times in the past 30 days
- 3 1-2 times per week
- 4 3-6 times per week
- 5 multiple daily use

Route of administration

- 1 Oral
- 2 Smoked
- 3 Inhaled
- 4 Injected
- 5 Other

**ABUSE/SEXUAL RISK BEHAVIOR**

1. Do you feel safe in your current living situation? \_\_\_\_ Yes \_\_\_\_NO Do you feel safe outside of you home? \_\_\_\_Yes \_\_\_\_NO, if no briefly explain.

\_\_\_\_\_

2. Are you currently or have you ever been hurt, harmed, touched inappropriately, or abuse by someone in any way? (Consider any physical, sexual, or emotional abuse) \_\_\_\_\_No \_\_\_\_\_Yes, if yes, explain including times when abuse occurred, action taken (e.g., notification of authorities, resulting steps taken).

\_\_\_\_\_

3. Is any member of your household/family currently being or has ever been harmed, abuse, neglected, or victimized? (Consider any physical, sexual, or emotional abuse.) \_\_\_\_No \_\_\_\_Yes, if yes explain (including any Adult Protective Services involvement or if any children in protective custody)

\_\_\_\_\_

4. Do you engage in any Sexual behaviors that you are concerned about, or that have raised concerns in your family or community (sexually acting out, inappropriate touching, exposure)? \_\_\_\_\_No \_\_\_\_\_Yes, if yes explain.

\_\_\_\_\_

5. How do you think the issues identified above affect you now?

\_\_\_\_\_

6. Based on the person's responses, does the assessor feel there an immediate safety risk for the person or others in the household or members of the community? \_\_\_\_No \_\_\_\_Yes, if yes please explain.

\_\_\_\_\_

**RISK ASSESSMENT**

1. Have you ever thought about harming yourself or someone else? \_\_\_\_NO \_\_\_\_Yes, if yes, did you have a plan and when was the last time you thought about harming yourself?

---

---

2. Have you ever harmed/injured yourself or someone else intentionally? \_\_\_No  
\_\_\_Yes, if yes, did you have a plan and when was the last time you harmed  
yourself or someone else? \_\_\_\_\_

3. Risk of Harm to Self

3(a) indicate which of the following suicide (harm to self) risk factors  
apply to the person:

Prior suicide attempt ___No ___Yes	Behavioral Cues ___No ___Yes
Repeated attempts ___No ___Yes	Symptoms of Psychosis ___No ___Yes
Stated plan with intent ___No ___Yes	Family history of suicide ___No ___Yes
Access to Means ___No ___Yes	Terminal illness ___No ___Yes
Substance use ___No ___Yes	Current Stressors ___No ___Yes
Recent Loss ___No ___Yes	Lack of Supports ___No ___Yes
History of suicide in Friend ___No ___Yes	

3(b) Provide more detailed explanation for any of the above risk factors  
that apply.

---

---

4. Risk of harm to others

4(a) Indicate which of the following homicide risk factors apply to the  
person:

Prior acts of Violence ___No ___Yes	Substance Use ___No ___Yes
Fire Setting ___No ___Yes	Current Stressors ___No ___Yes
Symptoms of Psychosis ___No ___Yes	Access to means ___No ___Yes
Arrests for Violence ___No ___Yes	Agitation ___No ___Yes
Physical abuse ___No ___Yes	

4(b) Provide more detailed explanation for any of the above risk factors  
that apply. \_\_\_\_\_

---

---

Identify specific people who may be supportive and helpful to the individual and their  
rehabilitation. (Include phone numbers) \_\_\_\_\_

---