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July 2023

The Threshold Times

Threshold Clubhouse- Durham, NC "All the News We See Fit To Print"

If you are interested in sponsoring a month, please contact e.barber@thresholdclubhouse.org.



My First Time Camping!

By TW

On my first time camping I went to a camp site called "Loblolly" at Falls Lake and we set up our tents and got settled in! I thought "Loblolly" was a fun name to say! It was a great weather throughout the days on our stay! The night of our first day camping we roasted marshmallows and had s'mores! I wasn't really good at roasting the marshmallows, but it was really yummy! The restrooms were different from what I was use to, but I got use to it though! It was kinda shocking because they were composting toilets. The day two of our day camping, we went to go to eat lunch at a park site! We had sandwiches! Then we went to do mini golfing at "Galaxy Fun Park" and we had a blast! Next we went to get ice cream and I got mint chocolate chip in a cone! It was such a fun and relaxing trip and didn't want to leave. But, I will always have the memories!

Camping Trip

ByJMC

Threshold went camping June 2-4th. We had lots of fun. We went to play putt putt and it was the first time I had played golf in a black light atmosphere. After that we went out for ice cream and I had a peach milk shake. It was delicious.

Another thing that made it special was I got to hang out with my friend outside of the Threshold building. We played football and cards. My favorite part was being with friends and exploring new places. It was our first time back since Covid hit and I would love to go again. I had so much fun and hopefully will be able to go back in the fall.



Please visit our website at www.thresholdclubhouse.org

Dear Journal,

What would be my dream job be is becoming a school teacher. Why? Because I really want to teach the children from every school that I want to ready to my teaching career from kindergarten to high school, but I want to be a good substitute teacher for one day. But I've had to learn some classes when I'm dreamed about, and maybe I got some learning processes and I'm promise to be good, And also I've been listen and careful what my career dream is made of and SMILE!!!



Yours Truly,
MP



The NAMI Walk

By DS

They gathered in droves to celebrate their cause. The sponsors had gifts for their guests. Imprinted balloons were there with candy and finger toys. The walkers turned out on this bright day of sun to walk the course laid out for their steps. By the end of their walk there were seats everywhere full of good spirited members of NAMI belonging to the walk they had been on.

Memorial Day Memories and Memorabilia

By Anonymous

Memorial day is an ok way to celebrate our American, US customs by a fireworks show or a cook out in retroflow. Now to have a cook out you must have a all American hotdog all the way. Fireworks shows light up the sky's with the beauty and grace to showing in an open white space. My memories are spending it with family and friends, hot dogs all the way and chips that really stay. To all memorabilia is to showing up an American flag and one song America the beautiful. Memories are picture perfect in style. Just to say ok it almost summer time. So lets have a cup of lemonade to celebrate a good day.

Kitchen Happening News

By Anonymous

What is a days work a potable quork. It is a cool June day just to smile, work and stay for around the clock. To be glad is to eat a hardy meal for one dollar buck and you are just in luck. To be an entou- rage is just to say please and thankyou. Now its new menus every day and our hats off to our cooks. Its like a master chef's diner in every way. To be a member of the kitchen unit is to be an important member in our clubhouse and just another day to say thanks, no franks. Once more our staff is our supervisor on time. Just when everything is all right. So come by, check our kitchen unit out. You may see a rainbow and not a water spout.

July 2023

SRE Calendar all activities are in person from 3-5

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----------------------------------|-----|--|-----|-----|
| | | | | | | 1 |
| 2 | 3 | 4 Holiday Hours 10-3 | 5 | 6 Jeopardy Or Family Feud 3-5 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 Bowling 3-5 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 Board Games 3-5 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 Movie 3-5 | 28 | 29 |
| 30 | 31 | | | | | |

CI Visit By MP

From Monday May 15 to Wednesday May 17, the Clubhouse International is coming to Threshold for 3 days, and we have guests to come to Threshold and their names were Sally and Marco. They were nice to us, including me. And I'm being happy to see both of them to visit at the Clubhouse here at Threshold, so I really enjoyed it. But I can't wait to come back to visit us at Threshold anytime in the future.



Clubhouse International

Creating Community: Changing the World of Mental Health

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July 2023 Newsletter

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