

Your Support at Work

- ***Comprehensive***
Threshold provides jobs, education, housing supports, recreation, and friendship
- ***Economical***
Threshold provides services for less than \$40 per day per member
- ***Responsive***
Open 365 days/year, Threshold is family for our members
- ***Successful***
Threshold helps members avoid rehospitalization and return to work

It is hard for me to express how much it means to me to have a place to go and be with people and know that I am welcome. It also makes me feel good to be able to contribute to something so important to our community. Thank you for caring about us. It's been so lonely out there, I am so happy to come in.



Threshold

HELPING ADULTS IN
DURHAM WITH SEVERE
MENTAL ILLNESS
REINTEGRATE INTO THE
COMMUNITY

Threshold's success depends on the generous support of individuals, religious organizations, area businesses and foundations.

*Enclosed is my gift to
Threshold in the amount of
\$ _____*

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

Phone: _____

P.O. Box 11706, Durham, NC 27703

www.thresholdclubhouse.org



Threshold

609 Gary St.
P.O. Box 11706
Durham, NC 27703
919.682.4124

"Threshold is important to me because it helps me learn and work with others and rehabilitate myself and meet people and show others how to work and get along with each other."

-Threshold Member



*Since 1985...
rebuilding lives,
building community*



www.thresholdclubhouse.org

"Why Threshold is important—it is a place to come, a place to return, a place for meaningful relationships, and a place for work" - Threshold Member

Threshold Clubhouse: A Unique Approach

Threshold provides social and vocational rehabilitation to adults in Durham with a severe and persistent mental illness. We are accredited by the International Center for Clubhouse Development, and follow the "Fountain House clubhouse" model, in which members play an active role in their own rehabilitation and work side by side with other members and staff to accomplish the work of the clubhouse.

WORK-ORDERED DAY

Members and staff share the duties of our clubhouse in four work units:

CLERICAL

KITCHEN UNIT

SNACK BAR

MEMBER SERVICES

MESSAGES TO MEMBERS

- You are a member, not a patient
- You are accepted and valued as an individual
- You are wanted as a contributor
- You are needed as a worker
- Your support is valuable to others

EMPLOYMENT

Through our Transitional and Supported Employment Vocational programs, Threshold helps members achieve and sustain employment in real jobs for real wages in the community.

"Threshold is reliable. I bet they haven't missed one shift in close to 20 years."

Frank Ferrell, Ninth St. Bakery

EDUCATION

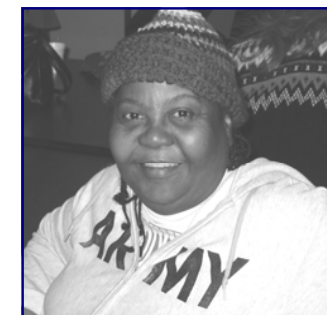
Staff members, community volunteers, and members offer tutoring and classes in reading, math, computer and basic finance. Staff also help members access classes in the community, including GED programs.

SOCIAL/RECREATION

Duke and Durham Bulls games, camping trips, arts and crafts, and other evening and weekend activities build appropriate social skills and build community.

THRESHOLD HIGHLIGHTS

- FOUNDED IN 1985
- RETIRED OUR MORTGAGE IN 1994
- OPEN EVERY DAY, INCLUDING WEEKENDS AND HOLIDAYS
- PROVIDED PROGRAMMING FOR 500 INDIVIDUALS
- FACILITATED WORK EXPERIENCE FOR 200 MEMBERS
- REDUCED HOSPITALIZATIONS BY 97%
- REDUCED LUNCH PRICE TO \$1.00
- PROVIDED HOUSING SUPPORT AND ADVOCACY FOR 22 APARTMENTS



A Snapshot of the Average Threshold Member

- Δ lives at or below the poverty level
- Δ experience the onset of their illness in young adulthood
- Δ moved frequently from job to job or has been unable to work at all
- Δ requires \$500–\$1,000 in prescription medications each month to stabilize their condition
- Δ wants to be a productive and self-sufficient member of the community

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