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September 2007

The Threshold Times

Threshold Clubhouse- Durham, NC

"All the News We See Fit To Print"

Thank You Amy and Valerie!!!

Amy & Valerie

They were two good people who always showed good partnership and good friendship. They were very creative and knew different things that were very bright ideas. Amy and Valerie had a bright light showing in their self-esteem. They had a glow about them and a good understanding of what there job is with lots of experience. Amy and Valerie had brilliant ideas for new things to come up with. They also enjoy talking with people at Threshold and getting to know them better. Along with dealing with what the problem is. They could help others just as well as engaging in activities, and giving people things that keeps them busy.
-Jasmine Thomas



UNC Occupational Therapy Students

I would like to thank Amy and Valerie for coming to Threshold. I would like to say to Valerie that she was nice. I would like to say to Amy that she is a good worker and welcome to come back and see us again. Amy and Valerie helped set up our jobs at Threshold. We talked, had fun and they helped with the plants and stuff. I would like to say to them I thank you very much and I hope you come back to see us again!
-Charles McCuller



Pictured above: Threshold member's throw Amy and Valerie a going away party.
Pictured left: Amy and Valerie say "see ya later!" to Threshold.

Helping Adults in Durham with Severe Mental Illness Re-Integrate Into the Community

www.thresholdclubhouse.org

The Bulls

I enjoyed the Durham Bulls game on August 2nd. I watched the Durham Bulls play and saw Wool E. Bull. They played the national anthem. The girl who sang did a good job. We had plenty to eat. We had hotdogs and hamburgers and ice cream and drank sodas. They played against Columbus, Ohio. The Durham Bull's won the baseball game. I look forward to going again next year.

-Roosevelt Sanders

Threshold would like to thank Joan Gillings and Quintiles for the use of their Skybox and their generous donation of snacks and dinner. We always appreciate it!

Concessions Help

Threshold would like to thank all of the hard working volunteers who helped work concessions at the Durham Bull's game August 2nd.

Thank you to the following people who worked through chaos and heat in the name of Threshold and advocating for mental illness!

Jennifer Albright	Jane Goodridge
Andy Broughton	George Goodridge
Jan Broughton	Pamela Richmond
Amber Burgin	Cristin Telma
Susie Deter	Michael Wesley
Kimberly Ehinmiakhena	Annie Wintermute

Employer's Dinner 2007

Threshold's Annual Employer's Dinner will be held at the Durham Marriott on Friday, September 7th. We will be honoring members who have been working as well as the employers. If you are interested in attending but have not received an invitation give us a call at 682-4124.

My Trip to Aruba

During the month of July my parents took me on an amazing trip to Aruba to celebrate my twenty first birthday. We spent four full days there on the island. The island is only about six miles wide and nineteen miles long so it's not very big, and not many people live on the island. Lots of the buildings are painted bright colors. We did an all inclusive meal plan which meant our resort provided free food for us to eat. It was a lot of food. We went swimming and snorkeling, we saw some fish and coral and we visited a beach called Baby Beach for the day. We went shopping and we ate out a couple of times. Then it was time to board our plane to go back to Durham.

-Leslie Hall

Jokes!

Q: Did you hear about the fight at the shoe store in Northgate Mall??

A: They lost 10,000 soles!
-Submitted by Harold Rone

Q: What did the big chimney say to the little chimney?

A: You're too young to be smoking!
-Submitted by Misty Hardy

Q: Why do lions always eat raw meat?

A: Because they don't know how to cook!
-Submitted by Patty Wallace

Q: What do you call a pig that does karate?

A: A pork chop!
-Submitted by Lindsay Bohm

Macy's "Shop for a Cause" Event

Every Macy's store nationwide will be hosting a one-day charitable shopping event on Saturday, October 13th, 2007 to help support local non-profit organizations.

Threshold is one of several local participating organizations that is selling exclusive shopping passes to this special event. Tickets cost \$5 and all ticket sale proceeds go directly to the organizations selling the tickets. The tickets entitle the bearer to special discounts, entertainment, special events and the opportunity to win a \$500 shopping spree!

Please support Threshold by purchasing a \$5 ticket and help yourself to a fun-filled day of discounts and shopping! Threshold also needs volunteers who can help out during the event on Saturday, October 13, 2007.

Please contact Ali Swiller or Marya McNeish for additional information, to volunteer, or to buy tickets @ 919-682-4124.

Get Ready For Camping!

Threshold will be taking another overnight camping trip September 15th-16th. Any member who would like to experience the great outdoors should speak with a staff member. As always, we will provide food, shelter, sleeping bags, and fun! If perhaps you don't feel comfortable staying overnight, speak with staff about making a day trip.

Bye Donna!

Our English and Math teacher Donna will no longer be with us at Threshold.

For you are not alone
You are here with us
Although you will leave
You will stay in our minds
In our hearts
In our poems
In our thoughts.

Donna, thanks for everything! We wish you good health, good luck, and the best of everything! To our new teacher, we look forward to working with you!

-Betty Kaldor

Memoirs of Jacob's Vision

My life is but a vapor in a world of choices, I take hold of my dreams, and cling to them with all my strength.

I see the open fields of mystery, and what they hold is unclear, I'm more than a conqueror.
I create my own destiny with hope.
I do have limitations.
I create and destroy, I build and tear down.
I am very pious in what I believe.
I have a passion for life.

I mount up and soar on eagles' wings.
At the Threshold I can acquire my dreams.
Work hard and have a zest for perfection.

-Jacob Gallimore

Memoryography of Celeste

Celeste was good, warm, giving, and she loved others who loved her. She joked and jived and played but when the time came to be serious she was serious. She helped cook food here at Threshold, she prepared it beautifully. Whenever I was down and out she would talk to me and cheer me up. I think she said red was her favorite color; she loved to wear red things. She went with us one time to the theater in Raleigh and we joked and laughed and sang on the way home. I loved her very much and now she will be truly missed. It will create a vacancy in Threshold. We loved her but God loved her best. She's gone home to glory. She will always be missed.

-Dirk Gunn

Threshold would like to send their condolences to the family of Celeste Kerstetter. Celeste began attending Threshold back in 1998, made many friends, and will be dearly missed.

Being New at Threshold

Hi ,

My name is La'Trecia Meeks. I have been on Orientation. It has been a good thing for me so that I can get out house and learn different stuff like how to work on the computer and things. When I was on orientation I met a lot of new people so that I can have a good time. Threshold is a good thing for me because some people have different personalities.

Thank you!

Roving Reporter Asks....

Who is your best friend and why?

Jasmine T.: Tennille because she gives me good advice.

Harold R.: Betty because she is a nice friend.

Doris E.: James because he is a nice friend of mine.

Fran U.: My husband Bill because he helps me out and takes me to the store and sets up the Christmas tree.

Charles M.: Ashley and Lindsay are best friends of mine because they love me and have houses.

Hugh S.: My wife because we have known each other a long time. We have been friends for 24 years.

David J.: Lindsay because she has been nice to me since my orientation.

Laura E.: My mom because she is my mom!

Tommy R.: Rosie because he knows how to get out of a situation.

Pete T.: My brother because we help each other out.

Johnnie W.: My mother because she takes care of me.

Larry G.: My brother and my daughter because they are family.

Lynne C.: Laura because she helps me to do the things I can't do by myself.

John G.: I have many close friends and could not choose just one!

Phil W.: My wife because we share many interests.

-Conducted by Laura E. & David J.



Laura Eldridge
mas

The Threshold Times Editors

Thomas Barnes
Rone

Lindsay Bohm
Roosevelt Saners

Kyle Cates Jacob Gallimore

Dirk Gunn

Ashley Emery

Leslie Hall

Misty Hardy

David Jurek

Betty Kaldor

Charles McCuller

Harold

Ali Swiller
Jasmine Tho-

Patty Wallace

SEPTEMBER 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Hours 10-3 Silk Hope Farmers day Festival
2 Crafts and Movie Open 10-3	3 Holiday Open 10-3 Labor Day Cookout Happy B'Day Randy F.!	4 Happy B'Day Larry G.! Basic Computer Class 2:15	5 Math and Reading Class 1:00	6 Clubhouse Culture 1:30 Advanced Computer Class 2:15 No Activity	7 Threshold's Annual Employer's Dinner	8 Hours 11-4 Movies at Blue Ridge
9 Arts and Crafts Open 10-3	10	11 Happy B'Day Dr. Ted D.! Basic Computer Class 2:15	12 Happy B'Day Kathy W.! Math and Reading Class 1:00	13 Clubhouse Culture 1:30 Advanced Computer Class 2:15 Bingo	14 Happy B'Day Lillian B.!	15 Camping
16 Camping	17 Employment Dinner?	18 Basic Computer Class 2:15	19 Happy B'Day Trish M.! Math and Reading Class 1:00	20 Clubhouse Culture 1:30 Advanced Computer Class 2:15 Hike/Picnic	21	22 Happy B'Day Art C.! Hours 10-3 Flea Market
23 Arts and Crafts Open 10-3	24	25 Happy B'Day David E.! Basic Computer Class 2:15	26 Happy B'Day Mike D.! Math and Reading Class 1:00	27 Clubhouse Culture 1:30 Advanced Computer Class 2:15 Music on the Lawn	28	29 Happy B'Day Alma J. & Vivian P.! Hours 10-3 Bowling
30 Happy B'Day Tennille K. and Craig P.! Arts and Crafts Open 10-3						

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REMEMBER: YOU ARE
ALWAYS NEEDED,
WANTED, AND
EXPECTED AT THE
CLUBHOUSE!!

