

**Inside  
This  
Issue**

Help Us  
Dress Up  
Page 2

**Gospel Singer  
Mary Williams  
To Appear  
Page 3**

**Shop for  
Threshold  
at Macy's  
Page 4**

Volume 23, Issue 9  
September 2008

# The Threshold Times

Threshold Clubhouse- Durham, NC

"All the News We See Fit To Print"



## **Farewell Cindee Always**

I thank you Cindee for helping me do my arts and crafts. I love you very much and hope you will be successful in your successfulness always and all of your life. It was in 2002 when I met you Cindee. I care for you Cindee in so many ways. You have shown and proven to me that you are my loyal friend throughout the world; therefore I will miss you deeply. Your arts and crafts were beautiful, touching, warm, giving, loving, and kind Cindee. You were important to Threshold Cindee and I will miss you very much. Your arts and crafts were very lovely. I made a stone plate with my mother's initials in it, and she still has it on top of her china cabinet in our lovely home. I missed you birthday a few months ago, I realized that you are 33 years old. Farewell Cindee and Happy Belated Birthday!

**By Dirk Gunn**

**Thank You  
For Everything  
Cindee Hand**

## **Arts and Crafts is Special**

On Sunday, August 3, 2008 we had arts and crafts with Cindee Hand. We made little turtles and other arts and crafts. The turtles were the main attraction. I hope where she is going they enjoy her as much as we have, She is a great teacher, I know I have learned a lot from Cindee. I never thought arts and crafts could mean so much to me, but Cindee brought all that out. There was no end to the many projects we worked on. Every holiday was a new surprise, coming in by Cindee. So many great gifts as time went by. I never thought arts and crafts could mean so much to me. Cindee brought out about one hundred many projects during the short time she was here. There was no end to the many things she could do. We made panda bears, model planes, and other stuff in models, turtles, glasses to have milkshakes with, drawing pictures, and other neat stuff. There were so many projects I can't name them all. I hope Cindee's future brings her much success as she was at Threshold. Her work was excellent; she was a success at her work. I really don't think there was no one that could compete with Cindee. All I can say is she was a successful arts and crafts teacher.

**By Vivian Perry**

**Cindee was our volunteer arts and crafts teacher for five years. She was also an awesome advocate for Threshold and mental illness. We will miss her more than we can say. We love you Cindee!**

Helping Adults in Durham with Severe Mental Illness Re-Integrate Into the Community

[www.thresholdclubhouse.org](http://www.thresholdclubhouse.org)

## Roving Reporter Asks: What is your favorite part of the Employer's Dinner?

**Tommy R:** Eating and the speeches.

**Jasmine T:** Eating and associating with others.

**Mike D:** The chicken cordon bleu.

**Stanley B:** Everybody being together, engaging each others company.

**Laura E:** Enjoying people around the dinner table.

**Ashley E:** I like the food, the speeches, and the dancing. So I guess I like it all!

**Erica W & Phil W:** The member's speeches.

**James S:** T-bone and chicken breast.

**Sammy B:** When we eat the main course, and members talking about their TE jobs.

**Katherine A:** Salad

**Patty W:** Wearing my best clothes.

**Dirk G:** Eating

**Annie K:** Dancing

**Susie D:** The dinner, the dancing, and members talking about their jobs.



## How You Can Help Us Dress Up



Threshold is a rehabilitation program for adults with severe mental illness that has been serving the Durham community for 23 years. Threshold will be holding its annual Employers Dinner on Friday, September 12<sup>th</sup>. This is always Threshold's biggest event of the year, a "sit down" dinner with speakers, entertainment, and a dj for dancing afterward. This is, for many of our members, the only time of the year that they get to do what the rest of the world does - go out on a weekend evening, be served a nice dinner, and enjoy themselves. We hold this dinner at the downtown Marriott.

While we do not have a dress code and welcome our members in their everyday clothes, this is, by virtue of its location, a "dressy" event. Many of our members, who receive less than \$70 a month to take care of all of their personal care needs - toothpaste, deodorant, cigarettes, the occasional soda, AND clothing - cannot afford dressy clothes. We have had individuals who have really wanted to come, but who have refused because they think they will be out of place.

Threshold is appealing to the community to help our members dress up for this event. Please go through your closets and find those suits and dresses that are too big or small, are a little out of style, or that you bought for some special event and know that you will never wear again. Larger sizes are especially needed. We are also looking for the accessories to go with them - the dress shirts, ties, jewelry, socks and shoes. You can clean out your closets, get a tax donation letter, and help make a member feel very special.

Ask your neighbors, your church, your office and your community organizations if they can help. If you cannot get the clothing to us, we will come and pick it up. Call the Member Services Unit at Threshold - 682-4124 - if you have any questions, and thank you for helping our members enjoy their evening.

**Threshold would like to thank Brenna Hannapel, Henry Hannapel, and Nathan Warden for mowing our lawn.**

## **Gospel Singer Mary Williams to Appear at Employers Dinner**

Williams "has a deep humanity and a timeless voice...she changes lives." We are honored to have her join us.

**September 12, 2008**

**Durham Marriott downtown**

**6:00 – 10:00 p.m.**

**Celebrate our members who have worked this past year. Help us thank our Transitional Employers. Join with us as we inaugurate our Threshold Heroes award. RSVP by September 5, 2008.**

### **Table Sponsors Include:**

Threshold Board Members  
Nelson and Company  
W.L. Bishop Construction  
Joan Gillings  
Measurement, Inc  
Riggs-Harrod Construction  
ACME Plumbing and Heating  
Comfort Engineers  
Family Preservation Services  
Shared Visions Foundation  
Frank Ward

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## **September Employer's Dinner Banquet**

In a few weeks Threshold is going to hold its annual Employer's Banquet. I learned from the invitations I recently got in the mail that it is going to be held on September 12 at the Marriott in downtown Durham. That is where it has been held for the last several years. I always look forward to these events. They are grand occasions, and Fran and I get a sumptuous meal, starting with a spring salad. I understand this year a renowned gospel singer is going to be the guest at the banquet. It will be interesting to hear the songs that she will be singing. Last year at the banquet there was a gospel music concert to honor a Threshold member who had recently passed away.

**By Bill Usry**

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## **On the Job Training**

Threshold has helped me at volunteer jobs to be able to hold down a part time job. I volunteer for jobs in the snack bar, member services, clerical and kitchen departments. I mop, sweep, and empty the waste in plastic garbage bags. I have watered the plants in the great room. I even mowed the grass at Threshold. I got a free coke for doing this. I have worked at the Bakery, TJ Maxx, and Angus Barn near the international airport. When I get depressed, I can talk to one of the staff so I can get over it. Once the social group at Threshold accepts you, then it's nice to make friends and laugh and joke. I have to admit when I became a member at Threshold it was the best decision I made.

**By Terry Britt**

### **Night at the Baseball Game**

**By Wallace Williams**

Well, the day of the baseball game, when we first got there we had hot-dogs, soda, popcorn, chips, and dip. Then later on we had Goodberry's ice cream. I really enjoyed myself. I met a lot of people. We conversated on a lot of good discussions. I hope we go to another baseball game soon.

## Our Cat

Frankie, my baby  
Are you Russian blue  
Or are you just grey  
Either way I love.  
You play by yourself  
You cut a flip in the air  
As you toss up a ring  
You're so agile and fair.  
You're my friend at night  
When I am almost asleep  
You silently come in  
And you at lay at my feet  
You are an early riser  
You feed at 3 am  
Just when I'm sleeping so well  
But that's when you day begins.  
Every day I thank God  
Who sent you to us  
In your bright yellow eyes  
I can see that you trust.  
**By Peggy Hillard**

## I Run

I run for my joy, for my freedom, and for my life. I like to live free. I love to have a joyful life. So I run for the gold, to unlock the door to my salvation. I want deliverance. For people, claiming to be workers of the greater good, came to defile the sanctity of the place of refuge. But, I will not let them do what they want to do. I want to take away the thing that makes me me. My individuality, my uniqueness. So I ran, I ran away to find it. My joy, my happiness. When I get there to paradise, I'll cut them off. Separate myself from them. Total isolation. I get to the finish line. I'll be free...free to be me. **By Bernard Liles**

## Shop for Threshold at Macy's

Saturday, September 20, 2008  
Southpoint Mall, Durham  
Tickets: \$5.00

Please support Threshold by purchasing a \$5 ticket and help yourself to a fun-filled day of discounts and shopping!

Please contact Marya,

[m.mcneish@thresholdclubhouse.org](mailto:m.mcneish@thresholdclubhouse.org), for additional information, to volunteer, or to buy tickets @ 919-682-4124.

## Time Is: What's Up

Just like a popped bottle of seven up,  
We sit and wonder, what equivicable is  
Just a wishful moment,  
On the side is the kite of leisure,  
The flight, the fountain of youth,  
Bring forth the pilot and a plane,  
Do we worry or do we falter,  
Seems time is just like a fresh cooked pot of rice,  
With a little sugar added with spice,  
On an enticing avenue with a unique new view.  
We have every clue,  
Time is what's up.  
**By Shirley Mulchi**

## Game Night

All the fun at game night, lots of games. I played Pictionary with some of the members. Tonight was fun how we drew pictures to guess what the word was. Now I am sure, I'll be back on game night. All the good time I had guessing what the word was for pictures that were drawn. I know we sat around for an hour drawing pictures and guessing what the word was. People were laughing and having a good time with the funny pictures. There were a lot of words to draw from.  
**By Vivian Perry**

## Welcoming Bernard Liles

New Member Interview by Annie Knapp

### What is your favorite unit in the Clubhouse?

I like the Snack Bar, because they always have something to do.

### What are your future goals in participating in the clubhouse?

I want to learn independent skills. I want to learn to be independent and on my own and eventually get a job.

### How do you like having a second family in the clubhouse?

It's cool, because I have people who relate to me and will talk to me.

### Can you see yourself here in five years?

**Explain.**

I think so, because I always have a place to come back to.

# September 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> <b>Labor Day Holiday Hours 10-3</b>	<i>2</i> <b>Computer Class 2:00  Employment Dinner</b>	<i>3</i> Happy B'Day Randy F.!  <b>Math &amp; Reading Class 1:00</b>	<i>4</i> Clubhouse Culture 1:30 Happy B'Day Larry G.! <b>Frankie's Putt-Putt</b>	<i>5</i>	<i>6</i> <b>Old Fashioned Farmers Day Festival Hours 9-3</b>
<i>7</i>  <b>Arts &amp; Crafts Hours 10-3</b>	<i>8</i>	<i>9</i>  <b>Computer Class 2:00</b>	<i>10</i>  <b>Math &amp; Reading Class 1:00</b>	<i>11</i>  Clubhouse Culture 1:30  <b>No Activity</b>	<i>12</i> Happy B'Day Kathy W.!  <b>Annual Employer's Dinner at the Marriott</b>	<i>13</i>  <b>Movies at Blue Ridge Hours 11:30-4:30</b>
<i>14</i> Happy B'Day Lillian B.! <b>Arts &amp; Crafts Hours 10-3</b>	<i>15</i>	<i>16</i>  <b>Computer Class 2:00</b>	<i>17</i>  <b>Math &amp; Reading Class 1:00</b>	<i>18</i>  Clubhouse Culture 1:30  <b>Hike and Picnic</b>	<i>19</i>	<i>20</i> Happy B'Day Ricky E.!  <b>Centerfest Arts Festival Hours 10-3</b>
<i>21</i>  <b>Arts &amp; Crafts Hours 10-3</b>	<i>22</i> Happy B'Day Art C.!	<i>23</i>  <b>Computer Class 2:00</b>	<i>24</i>  <b>Math &amp; Reading Class 1:00</b>	<i>25</i>  Clubhouse Culture 1:30 Happy B'Day David E.!  <b>Bingo</b>	<i>26</i>	<i>27</i> Happy B'Day Jo-El B.!  <b>Museums of Science and History Hours 10-3</b>
<i>28</i>  <b>Arts &amp; Crafts Hours 10-3</b>	<i>29</i> Happy B'Day Alma J. & Vivian P.!	<i>30</i> Happy B'Day Craig P.!  <b>Computer Class 2:00</b>				

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REMEMBER: YOU ARE  
ALWAYS NEEDED,  
WANTED, AND  
EXPECTED AT THE  
CLUBHOUSE!!

