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June 2008

The Threshold Times

Threshold Clubhouse- Durham, NC

"All the News We See Fit To Print"

Threshold's New Mural Brings Hope to the Community

"I am hoping to lead you all in taking action- not by words alone but physically making a difference with your gifts, talents or time you have."

Mural Artist Andria Linn

"Courage to Reveal, Courage to Heal: Threshold's Wall of Hope" has been a project of a thousand kindnesses. Countless individuals and local businesses shared their resources and got their boots muddy to make it happen. And the result? In response to a weekend of dedication, reception, and community celebration some said, "The mural is even more beautiful than I had imagined," "A great asset to the building," "A fun, inspiring event," "a beautiful gift to Threshold, and to Durham."

Linn's words capture her hope, her challenge to all of us for the mural: "This (mural project) has been an awesome challenge. It ... will only be the beginning of a revolution to teach and to be taught awareness of mental illnesses, as well as to extend compassion to the lives that have been touched by these illnesses; but the greatest of these revolutions will be to love without excuse."



Andria Linn, Jeff Dunlap, Susie Deter, and City Councilman Mike Woodard preparing to cut the ribbon dedicating the mural.



Durham's own Scene of the Crime Rovers celebrate the new mural.

Helping Adults in Durham with Severe Mental Illness Re-Integrate Into the Community

www.thresholdclubhouse.org

Threshold Wall of Hope Sponsors

Thanks to our In-Kind Supporters

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Savage Arts
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And to our Financial Sponsors

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Michelle and Miles Wolff



Mayor Bill Bell adds his footprint to the mural.

Wall of Hope Silent Auction Donors

Act One, Act Now Camp Session – Cyndy Blackburn
Baby Quilt – Jane Goodridge
Sterling Silver Necklace – Bonnie Wright
Chapel Hill Country Club round of golf
Christy's Custom Picture Framers oil painting
Clear-Vue Glass earrings
Fargo and Hanna needlepoint pillow
Garden Art – Just a Few Friends
Landscape Consultation – Grace Pilafian
Hamilton Hill – earrings
Handbound Journal – Bryant Holsenbeck
Heirlooms – Handpainted mirror
“Lady Charlotte” painting – Ebeth Scott-Sinclair
Vintage Glass Bracelets and Necklaces – Mindy Osh-
rain
“Pawley’s Island” painting – Sue Sneddon
Regulator Books advanced copies
Wall of Hope canvas replicas
Roy Williams autographed basketball
Pottery Mugs – Sarah Howe
Sitting and Portrait – Zeb Starnes
Sterling Silver Necklace – Susan Herst
Watering can and market bag – Vaguely Reminiscent
Vetri pottery
“Grace” Yard Art – Renee Oliverio and Heidi Hannapel
Bano Scarf
Bin 54
Brazilian Steakhouse
Four Square Restaurant
Madhatter Restaurant
Mathew’s Chocolates
Morgan Imports
Nana’s
Sip’s Coffee House
Thai Café
The Q Shack
Twisted Noodle
Watt’s Grocery
Wine Authorities



**Andria Linn and Jeff Dunlap at mural
reception.**



Loading the final mural panel on the wall.

Tell Us How We’re Doing!

Threshold wants your feedback. We’re looking for new ideas and suggestions regarding our programming. Feel free to write, email, or call us with your thoughts!

Mail: P.O. Box 11706, Durham, NC 27703

Email: clubhouse@thresholdclubhouse.org

Phone: 682-4124

Getting To Know The New Guy

Don Kaade is from Rutherfordton, NC, which is about 1 hour south of Boone. He attended college at Appalachian State University. He likes all sports, and his favorite team is the Chicago Cubs. He enjoys playing sports, reading, and using the internet. His dream car is a C-500 Mercedes and his dream job is practicing clinical psychology or being a college professor.

Is Threshold a place you would like to continue your career as a social worker? Explain.

Yes, I have not worked with adults with Severe Persistent Mental Illnesses before. I have worked with other individuals in other Mental Health settings, but members at Threshold interest me more. In future progression of my career I want to be getting back to school to study Clinical Psychology. I am also interested in the clubhouse model.

What are the advantages of taking this job?

One is financial advantages. One advantage is having less stress on me, also I am not supervising anymore. Another advantage is I am more interested in the work.

Are you willing to be a "family member" of Threshold?

Yes, I am already pretty comfortable here. And I am enjoying getting to know people here and forming relationships."

Threshold is a place to come and return to. Are you committed to returning here?

Definitely, when you form relationships with other people you are committed to coming back and catching up with members.

How would you motivate members to work in the community?

I would help them build confidence and to realize the skills that they already have and to retain knew ones. I think I would help them understand how they could utilize their skills outside of the clubhouse.

Paragraph by Pete Taylor, questions by Annie Knapp.

Roving Reporter Question: What Is Your Favorite Summer Memory?

Loretta M: When I traveled from New York to North Carolina with my son.

David C: I like the longer hours of daylight.

Mike D: One time I was in a hoola-hoop contest.

Mark W: I remember going to the pier with my girlfriend.

Kathy A.-H: I was with out fishing, and I caught a small fish.

Jessie W: I went to see Disney World for a week.

Ralph B: When I got a new bike.

Pete T: When I got sick back in 1989. I was very prideful and then I became very humble. That change in mentality was very refreshing and the rest of the trip was very memorable. Back in the summer of 1989, going to the ball game was very fun for the first time in a long time. I had peace of mind and the following months after that.

Betty K: When I went to the beach with my mom.

Mike M: When I went on vacation to my grandmother's house in Alabama.

Laura E: Playing late with the kids on my block.

Orlando E: Finger painting on the dock at camp with my cousins.

NAMI Walks!

On Saturday, I trekked on a two mile walk around Dorothy Dix Hospital in Raleigh. The walk was sponsored by fifty three groups supporting The National Alliance for the Mentally Ill. We raised enormous amounts of money for them, and I think it was a great accomplishment on walking that far for a good cause. The walk was long and tedious, but we stuck in there and made it through. Almost ten of us from Threshold went, and a whole lot of people showed up to show their support for raising money for research for treatment for the mentally ill. There is no adjective to describe my gratitude for the people who helped! I am affected by this treatment plan in years to come!

By Annie Knapp

June 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 End of camping trip– Threshold closed	2	3 Happy B'Day Margaret R.! Computer Class 2:00	4 Happy B'Day David J.! Math & Reading Class 1:00	5 Clubhouse Culture 1:30 Hike and Picnic	6 Happy B'Day Emily C.!	7 Happy B'Day Jessie W. & Tim M.! Hours 11:30-4:30 Movies at Blue Ridge
8 Hours 10-3 Arts & Crafts	9 Employment Dinner	10 Happy B'Day Judy A.! Computer Class 2:00	11 Math & Reading Class	12 Clubhouse Culture 1:30 Karaoke	13	14 Hours 10-3 Juneteenth Celebration at Hayti
15 Hours 10-3 Arts & Crafts	16 Happy B'Day Jasmine T. & Rachel R.!	17 Happy B'Day Brenda C.! Computer Class 2:00	18 Math & Reading Class	19 Clubhouse Culture 1:30 Durham Bulls	20 Happy B'Day Brenda G.!	21 Happy B'Day Sammy B.! Hours 10-3 Hog Day
22 Hours 10-3 Arts & Crafts	23 Happy B'Day Reginald G.! Employment Dinner	24 Happy B'Day Kimberly E., Syretha S., & Phil W.! Computer Class 2:00	25 Math & Reading Class	26 Happy B'Day Karma D.! Clubhouse Culture 1:30 Bowling	27	28 Hours 11-4 Cookout with Club Nova
29 Hours 10-3 Arts & Crafts	30					

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REMEMBER: YOU ARE
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WANTED, AND
EXPECTED AT THE
CLUBHOUSE!!

